

Kindness Bingo

It's Random Acts of Kindness Day!
Here are a few small ways you can make
a big difference.

Smile at a
stranger

Pay a
friend a
compliment

Call or text
a friend

Make
someone
a cup of tea

Support your
favourite
charity

Volunteer
to help
someone

Make a
handmade
gift

Leave a
positive
review for a
local business

Pick up
some litter

LAKELAND