



# THE WOODLAND HAMPER

## Caramelised Onion Chutney 100g e

Ingredients: Diced Onions (45%), Sugar, Spiced Malt Vinegar (Malt Vinegar, Malt Extract (both from **barley**), Spices), Dates, (Contains Rice Flour), Diced Bramley Apple, Dried Diced Apple (both Apples contain Preservative: Sodium **Metabisulphite**), Vegetable Oil: Rapeseed, Salt, Yellow **Mustard** Flour, Spice.  
Allergens are in **Bold**. Made in the UK.

Energy . . . . .	874kJ/206kcal
Fat . . . . .	0.9g
- saturates . . . . .	0g
Carbohydrates . . . . .	50g
- sugars . . . . .	49g
Protein . . . . .	1.3g
Salt . . . . .	0.43g

### Edinburgh Preserves

Expo House, Macmerry Ind. Est.,  
East Lothian EH33 1RD  
[www.edinburgh-preserves.com](http://www.edinburgh-preserves.com)

## Chocolate Chip Cookies 150g e

Ingredients: **Wheat flour**, vegetable fat (50% rapeseed, 50% palm oil from sustainable sources), sugar, chocolate chips (9% sugar, whole **milk powder** (**milk solids** 21.1%), cocoa **butter**, cocoa mass (cocoa solids 21.1%), **soy** lecithin E322, flavouring - natural vanilla), golden syrup, **eggs**, raising agents (diphosphates sodium hydrogen carbonate), salt, vanilla flavour.  
Allergens are in **Bold**. Made in Scotland

### Nutritional Information (per 100g)

Energy . . . . .	2180kJ/519kcal
Fat . . . . .	24.5g
- saturates . . . . .	11.7g
Carbohydrates . . . . .	68.3g
- sugars . . . . .	19.2g
Protein . . . . .	6.7g
Salt . . . . .	1g

### Lakeland

Cumbria LA23 1BQ  
Belfast BT12 6HR

## Strawberry Jam 110g e

Ingredients: Sugar, Strawberries (45%), Gelling Agent: Pectin, Acidity Regulator: Citric Acid. Prepared with 45g of fruit per 100g. Total Sugar content 65g per 100g. Made in the UK.

Please note: These products are manufactured in premises that handle Wheat, Barley, Gluten, Egg, Milk, Mustard, Soya, Celery, Sesame, Sulphates, Sulphur Dioxide/Sulphites.

Energy . . . . .	1163kJ/274kcal
Fat . . . . .	0.4g
- saturates . . . . .	0g
Carbohydrates . . . . .	67.9g
- sugars . . . . .	67.6g
Protein . . . . .	0.4g
Salt . . . . .	0g