

The Magic of **PBfit**[®]

BetterBody Foods **PBfit**[®] is made from gently roasted peanuts. We extract most of the oil, add a pinch of coconut palm sugar and a dash of salt to create a delicious, powder that is chock full of flavour.

Combine **PBfit**[®] and water for a peanut butter spread. It also gives a delicious protein boost to smoothies. To slim down your favourite recipe, replace 32 grams of peanut butter with 12 grams of **PBfit**[®] and 20 mL water and presto, you save over 130 calories AND 14 grams of fat! We think that's pretty magical!

FOR RECIPES, GO TO www.betterbodyfoods.com.

Instructions: For delicious peanut butter, combine 12 grams **PBfit**[®] with 20 mL water. Stir until smooth. Consume immediately. Use everywhere you use traditional peanut butter.

DISTRIBUTED By:
Tree of Life UK Limited,
Staffordshire, ST5 9QX.
Tel: 01782 567100

PACKAGED BY:
BetterBody Foods[®]
Lindon, Utah 84042

90% less fat*
than traditional
PEANUT BUTTER!

*Per serving when
mixed with water.

NET WT 225g^e

BetterBodyFoods[®]

PBfit[®]

PEANUT BUTTER POWDER

ALL NATURAL • VEGAN • GLUTEN-FREE

JUST ADD WATER FOR A
DELICIOUS PEANUT BUTTER



12g of PBfit = 2 Tbsp

Nutrition Information

TYPICAL VALUES	PER 100g	PER SERVING (2tbsp=12g)
Energy	1853kJ 443kcal	222kJ 53kcal
Fat	13g	2g
of which saturates	0g	0g
Carbohydrates	33g	4g
of which sugars	14g	2g
Fibre	17g	2g
Protein	49g	6g
Salt	2.4g	.3g

INGREDIENTS: PEANUTS (83.5%),
COCONUT PALM SUGAR AND SALT

FOR ALLERGENS SEE INGREDIENTS
IN BOLD

STORAGE INFORMATION: STORE DRY PRODUCT
IN A COOL, DARK, DRY PLACE. ONCE PREPARED,
CONSUME IMMEDIATELY.



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