

LAKELAND

Thermometer Fork

Battery installation

1. Lift and open the battery cover at the end of the handle.
2. Insert 2 x AAA (LR03/1.5V.) batteries according to the polarity shown.
3. Close the battery cover until it clicks into place.

Changing from C° to F°

You can change the setting from C° to F° by moving the switch on the back of the Thermometer Fork, below the battery compartment.

Power ON/OFF:

Press the MEAT button to turn the power on, hold for 2 seconds to turn power off. The fork will automatically turn off after 10 minutes to save power, previous settings will be stored.

To select meat type and taste level

1. Select the meat type you are cooking by pressing the MEAT button, each press will change the display in the following sequence:
BEEF > VEAL > LAMB > PORK > CHICKEN > TURKEY > —(no selection)
2. Select preferred level of cooking of the meat by press the TASTE button, which is indicated by the triangular pointer on the LCD. Each press changes the taste in the following sequence:
WELL DONE > MEDIUM > MEDIUM RARE > RARE

Note: Taste levels will only be selectively indicated according to the specific type of meat. For example, only WELL DONE and MEDIUM can be selected and indicated for VEAL.

Pre-programmed settings of Thermometer Fork

TASTE/ MEAT	BEEF	VEAL	LAMB	PORK	CHICKEN & TURKEY
Well Done	78°C 172°F	78°C 172°F	78°C 172°F	78°C 172°F	83°C 181°F
Medium	73 - 77°C 163 - 170°F	73 - 77°C 163 - 170°F	73 - 77°C 163 - 170°F	73 - 77°C 163 - 170°F	NO SELECTION
Medium Rare	64 - 72°C 147 - 161°F	NO SELECTION	64 - 72°C 147 - 161°F	NO SELECTION	NO SELECTION
Rare	61 - 63°C 141 - 145°	NO SELECTION	NO SELECTION	NO SELECTION	NO SELECTION

Taste temperatures vary according to personal taste, users should read the digital thermometer to determine their own taste temperatures.
°C/°F preset at factory with resolution at 1 degree °C or °F.

To measure temperature of meat

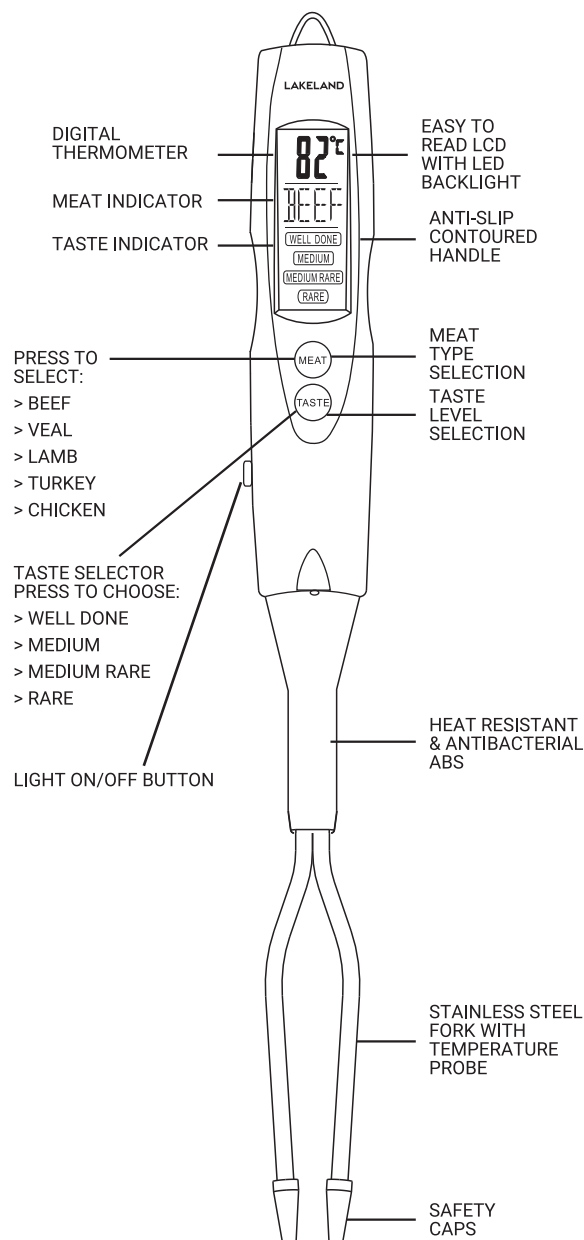
1. Insert the fork halfway into the thickest part of the meat, at least 1cm (½") deep.
2. Allow approximately 15-20 seconds for the probe to obtain an accurate temperature reading.
3. The triangular pointer of the taste level will turn on and flash to indicate the doneness of meat. As the meat temperature rises up to the next higher level, the pointer of that level will also turn on and keep flashing.
4. Once the predetermined taste level is reached, the temperature reading will be flashing and the fork will beep to alert the doneness of meat.
5. Press MEAT or TASTE button to clear the flashing LCD and to stop beeping.
6. Remove the fork once the temperature is determined.

To take a second reading

If you need a second reading immediately after, press either MEAT or TASTE button to stop flashing LCD and alarm beeping. Now the fork is ready for a second reading. Please be aware that the reading may be faster if the points of the fork are still warm.

NOTE

- To turn on the light, slide the ON/OFF button to the ON position.
- When you have finished checking your meat, slide the ON/OFF button to the OFF position.
- Always insert the fork into the thickest part of the meat as thin portions tend to cook through very fast and is difficult to measure of accurate doneness.
- When inserting the fork into meat, avoid fatty part and bones.
- Wash the probe only in warm, soapy water after each use to prevent cross contamination.
- Do not immerse in water or place in the dishwasher.



Battery Safety Guidelines

- Be sure to insert batteries correctly (+/-).
- Batteries should be replaced by an adult.
- Never dispose of batteries in fire as this may cause them to explode, or attempt to disassemble the batteries.
- Do not mix old and new batteries (replace all batteries at the same time).
- Do not mix Alkaline, standard Carbon Zinc or rechargeable batteries.
- Only batteries of the same or equivalent type as recommended are to be used.
- Do not charge non-rechargeable batteries.
- Always remove exhausted or dead batteries from the product.
- Remove batteries from the product, if not going to be used for a long time.
- Ensure the battery compartment is secure. If the battery compartment doesn't close securely, stop using the product and keep it away from children.
- Batteries are harmful if swallowed. If you think that batteries might have been swallowed or placed inside any part of the body, seek immediate medical attention.
- KEEP OUT OF REACH OF CHILDREN.

Battery changing instructions

- If the product stops working the batteries may need replacing.
- When replacing the batteries ensure the product is switched "off".
- Lift off the battery compartment cover.
- Place in 2 new batteries (AAA/LR03/1.5V) with correct polarity (+/-).
- Replace battery compartment cover.
- Safely dispose of old batteries in suitable recycling facility.



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