

Crusty White Reduced Salt Bread

Nutrition Information

The values below are for a baked loaf of bread weighing approximately 900gm, using this entire pack according to instructions.

Servings per package:

This pack makes 1 large loaf of bread.

9 serves per loaf (Approx. 18 slices per loaf)

Serving Size: 2 slices (approx 100gm)

	Avg Quantity per serving	Avg Quantity per 100g
Energy	1005 kJ	1005 kJ
Protein	8.0 g	8.0 g
Fat, total	1.1 g	1.1 g
- saturated	0.5 g	0.5 g
Carbohydrate	46.8 g	46.8 g
- sugars	3.0 g	3.0 g
Sodium	375 mg	375 mg
Dietary Fibre	3.0 g	3.0 g

Ingredients: **Unbleached Wheaten Flour**, Non iodised Salt, Malt Flour, Mineral Salt (E170), **Soya Flour**, Emulsifier (E472,E 491), Guar Gum, Ascorbic Acid (Vitamin C), Enzyme (Amylase), Vitamin (Thiamine, Folic Acid).

Yeast Sachet : Dry Yeast, Emulsifier (E491)

CONTAINS : WHEAT and SOY